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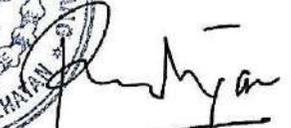
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**THE 2ND HEALTH SCIENCE
INTERNATIONAL CONFERENCE
(HSIC 2019)**



PROCEEDINGS

**RECENT INNOVATION IN HEALTH
PRACTICE, EDUCATION AND RESEARCH**

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**FACULTY OF HEALTH SCIENCE
UNIVERSITY OF MUHAMMADIYAH MALANG
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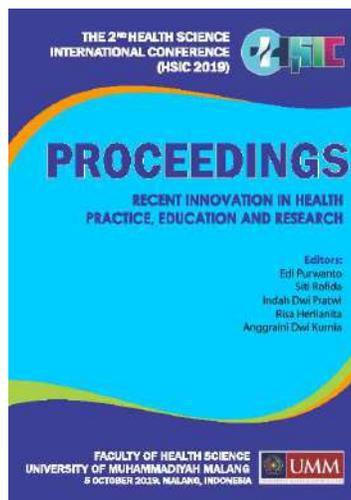
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Foreword: The development of health sciences in the fields of research, education, and clinical practice will always change with new findings. Therefore, it is necessary to have a scientific meeting to disseminate or share information related to the latest research and findings in the health sector. This proceeding contains articles of research results presented at the 2nd Health Science International Conference at the University of Muhammadiyah Malang, Indonesia, on October 5th, 2019. The theme of the conference is Recent Innovations in Health Practice,

Education and Research ". In this conference, doctors, nurses, researchers, and academics, postgraduate students who are ready to share their research results and to build networking. The conference also provides opportunities for participants to build networking and share knowledge; therefore, it will enhance the quality of Nursing and Health Care with the latest interventions and innovations. Thank all participants, particularly **(More)**

Volumes:

Vol. 1 - 978-989-758-462-6

Papers

Authors

Show papers

Social Support and Physical Activities on People with Hypertension Aged 45 Years and Above P. 5 - 9

Riza Fikriana and Melya Intan

DOI:10.5220/000911920

Dominant Biological and Psychological Factors Affect Adolescent Awareness about Reproductive Health P. 10 - 14

Nurul Aini

DOI:10.5220/000911970

The Effect of Nurse Mental Workload of Patient Compliance Risk Prevention Falling in Aisyiyah Islamic Hospital of Malang P. 15 - 20

Zahid Fikri and Nur Komaria

DOI:10.5220/000911980

Improvement of Renal Proximal Tubules after Black Cumin (Nigella Sativa) Extract Administration in Rat with CCl4-induced Chronic Renal Damage P. 21 - 26

Fathiyah Safithri , Desy Andari and Fifa Yuniarmi

DOI:10.5220/000912000

Difference Influence of Core Stability Exercise and Ankle Proprioceptive Exercise toward Dynamic Balance on Young Adult Overweight P. 27 - 30

Anita Faradilla Rahim , Gadis Meinar Sari and Purwo Sri Rejeki

DOI:10.5220/000912010

Comparison of Giving Red Rice and Corn Rice against Changes in Blood Glucose Level Values in Mice P. 31 - 36

Sunardi , Lelli Widiawati and Anis Ika Nur Rohmah

DOI:10.5220/000912020

The Effect of Psychospiritual Intervention on the Level of Spiritual Inpatients P. 37 - 40

Nur Aini , Erma Wahyu Mashfufa and Novi Kartika Dewi

DOI:10.5220/000912070

Self-efficacy and Avoidance Behavior from Cigarette Smoke Exposure: A Cross Sectional Study among Mothers of Under-five Year-old Children P. 41 - 47

Nur Lailatul Masruroh , St. Annisa Al Kamilah and Indah Dwi Pratiwi

DOI:10.5220/000912080

Risk Factors Associated Hypertension of Employees

P. 48 -
52

Risa Herlianita and Novika Reza Ajeng Issa Putri

DOI:10.5220/000912100

The Effect of Autogenic Training with Pursed Lips Breathing to Anxiety and Forced Expiratory Volume in One Second (FEV1) COPD Patients

P. 53 -
59

Titik Agustyaningsih , Muhammad Amin and Makhfudli

DOI:10.5220/000912120

Endothelial Protective and Antioxidant Effect of Polysaccharide Peptide of Ganoderma Lucidum in STEMI and NSTEMI Patients with Diabetes as a Risk Factor

P. 60 -
65

Djangan Sargowo , Nurul Aini Rahmawati , Faris Wahyu Nugroho , Putri Annisa Kamila , Dedy Irawan , Monika Sitio , Liemena Harold Adrian , Aditya Reza Pratama , Yusuf Arifin , Rizki Fadlan , Diah Ivana Sari , Chamelia Rohadatul 'Aissy , Evita Febrianti Purwanto , Firyal Nadiah Rahmah , Merkuri Puspasari Sukatman and Rakhmawati Fahmiy

DOI:10.5220/000912170

The Implication of the Physical Violence, Psychological, Economical, and Sexual Violence on the Pregnancy Period to the Baby: Mother Interaction on the Post Partum Period at Public Hospital District (RSUD) KOJA and Public Hospital Center (RSUP) Fatmawati Jakarta

P. 66 -
72

Tri Lestari Handayani

DOI:10.5220/000912180

Improvement of Community Responsibility of SGD (Small Group Discussion) Method

P. 73 -
76

Zulfikar Muhammad and Muhasim

DOI:10.5220/000912230

The Correlation between Tooth Health Care with Number of Caries in Autistic Students at Elementary and Junior High School for Disabled Students Bhakti Luhur Malang

P. 77 -
82

Juwitasari , Ahsan and Rita Rosita

DOI:10.5220/000912260

The Prevalence of Sleep Quality and Quantity among Emergency Department Nurses in Indonesia

P. 83 -
87

Lilis Setyowati

DOI:10.5220/000912270

The Influence of Antenatal Yoga on Decreasing Anxiety Levels in Primigravida Trimester I and II in Malang

P. 88 -
91

Ririn Harini and Dwi Handayani

DOI:10.5220/000912280

The Quality of Drinking Water Preparation in Drinking Water Refill Depots in Kendari, Indonesia

P. 92 -
95

Erwin Azizi Jayadipraja , Dedeh Nurhayati and Muhammad Chaerul

DOI:10.5220/000912300

Description of Body Image Satisfaction in Adolescents

P. 96 -
98

Nia Agustningsih and Qori Fanani

DOI:10.5220/000912310

-
- Can the Community Participate in Fast Food Control?: A Case Study in Kendari City** P. 99 - 103
Tasnim and Maria I. Lusida DOI:10.5220/000912320
-
- Lavender Aromatherapy on Alleviating Menstrual Pain in Female Teenagers: A Case Study on Polanharjo Klaten** P. 104 - 109
Sri Sat Titi Hamranani and Devi Permata Sari DOI:10.5220/000912330
-
- Self Management Dietary Behavior among Diabetes Mellitus Type 2 in Malang, Indonesia** P. 110 - 112
Anggraini Dwi Kurnia , Nur Lailatul Masruroh , Nur Melizza and Cici Indah Setiowati DOI:10.5220/000912360
-
- Factors Analysis of Anaemia in Adolescent Girl** P. 113 - 118
Gita S. Prihanti , Nurul Fadli , Galih H. S. P. , Putri Sholih D. I. and Frida D. Hidayati DOI:10.5220/000912420
-
- The Effect of Epinephrine Administration on the Level of Gonadotropin Hormones of Japan Strain Female Mice (Mus Musculus)** P. 119 - 123
Aulia Asman , Debby Sinthania and Linda Marni DOI:10.5220/000912430
-
- Effectiveness of Malang Apple Cider (Malus sylvestris) against the Decreased Number of Mast Cells in Allergy-induced Rat (Rattus novergicus) Lung** P. 124 - 128
Dian Yuliartha Lestari and Faiq Shabri Maulana DOI:10.5220/000912440
-
- Worksheet on the Emergency Nursing Subject: Students' Perception and Academic Performance** P. 129 - 132
Indah D. Pratiwi and Edi Purwanto DOI:10.5220/000912500
-
- Audit of Nursing Care Quality at Dr. Slamet Hospital** P. 133 - 136
Rohmah Susanto , Ati Surya Mediawati and Kurniawan Yudianto DOI:10.5220/000912510
-
- Extract Gel of Chinese Petai Leaf (Leucaenaleucocephala) for Acute Wounds in Rats (Rattusnorvegicus)** P. 137 - 142
Anis Ika Nur Rohmah , Edi Purwanto and Vicky Nurdiansyah DOI:10.5220/000912570
-
- Formulation and Evaluation Antioxidant Activity of Peel-off Masks from White Pomegranate Extract with Polyvinyl Alcohol and Polyethylene Glycol 1500** P. 143 - 147
Amaliyah Dina Anggraeni , Dian Ermawati , Raditya Weka Nugraheni and Aditya Anugrah Putri DOI:10.5220/000912580
-
- Economic Loss Analyses Due to Tuberculosis at Kolaka Regency in South-East Sulawesi Province** P. 148 - 151

Phytochemical Screening and Antimicrobial Activity of Limonia acidissima Ethanol Extract Against Microbes from Clinical Isolates P. 152 - 156

Ahmad Shobrun Jamil , Siti Rofida , Dian Priyani , Wahidatin Nabila and Evi Wulandari

DOI:10.5220/000912600

Design and Development of Peel-off Mask Gel Formulation of Citronella Oil for Acne Vulgaris P. 157 - 163

Dyah Rahmasari , Dian Ermawati , Raditya Weka Nugraheni , Dwi Ramadhaningtyas Putri and Indah Nur Pratiwi

DOI:10.5220/000912610

Characterization and Antibacterial Activity of Dayak Onion (Eleutherine palmifolia) Hydrogel in Vitro P. 164 - 170

Uswatun Chasanah , A. B. Apriliyanto , D. Anggara , Ayu Kusumawardani and Dian Ermawati

DOI:10.5220/000912620

Anticancer Activity of Fibraurea Tinctoria with DLD1 Celline Cytotoxicity Assay P. 171 - 175

Riski Sulistiarini , Andreanus A. Soemardji , Elfahmi , Maria Immaculata Iwo , Danang Waluyo and Dian Japany Puspitasari

DOI:10.5220/000912640

Red Pigmented Natural Extract as Potential Organic UV Filter and Its Use in Combination with ZnO as Sunscreen Cream P. 176 - 180

Eva Monica , Leny Yuliati and Yuyun Yuniati

DOI:10.5220/000912650

The Effect of Caesalpinia Sappan Linn to Decrease Blood Glucose Level on Diabetes Type II Patients P. 181 - 186

Zaqqi Ubaidillah and Yessy Witantry

DOI:10.5220/000912660

The Correlation of Work Loads and Work Positions on Risk Occurrence of Myogenic Low Back Pain on Sand Mining P. 187 - 190

Safun Rahmanto , Ali Multazam and Anggun Retno Muninggar

DOI:10.5220/000912680

Characterization and Prospect of Irradiated Chitosan as Nano Complex Material to Deliver MicroRNA in Cancer Therapy P. 191 - 196

Firasti Agung Nugrahening Sumadi , Dian Pribadi Perkasa , Tirta Wardana , Ronny Martien and Sofia Mubarika Harjana

DOI:10.5220/000912700

Design of Phosphate Binder Used as Chronic Kidney Disease Therapy at General Hospital Dr. Iskak Tulungagung P. 197 - 200

Aghnia Fuadatul Inayah , Khoridatur Rohmah , Didik Hasmono , Lilik Yusetyani and Binti Muzayyanah

DOI:10.5220/000912710

Improvement of Knowledge on Iron Deficiency Anemia and Its Prevention among Bustanul Athfal Teachers in Malang P. 201 - 204

Diah Hermayanti , Meddy Setiawan and Hawin Nurdiana

DOI:10.5220/000912730

Effectivity of the Ankle Weight Exercise to Increasing Football Player's Agility, Speed and Long Passing Power P. 205 - 208

Ali Multazam , Sita Nur Annisa Merindayanti , Aqidatul Izza Aisyah , Fajar Dwika Primadana Ajje and Nungki Marlian Yuliadarwati

DOI:10.5220/000912750

Effect of Arthrospira maxima Setchell et Gardner and Chlorella vulgaris Beijerinck on Erythrocyte and Thrombocyte Profile of Hyperglycemia Wistar Rats (Rattus norvegicus Berkenhout, 1769) P. 209 - 219

Mulyati , Slamet Widiyanto and Lasmini Syariatn

DOI:10.5220/000912760

Optimization of Feldenkrais Training as a Prevention of Falling Risk in Elderly P. 220 - 222

Nungki Marlian Yuliadarwati

DOI:10.5220/000912770

Formulation and Antibacterial Activity Test of Emulgel Containing Citronella Oil (Cymbopogon Nardus L.) with Variaton of Gelling Agent Carbomer P. 223 - 227

Dian Ermawati , Raditya Weka Nugraheni , Nia Zuardina and Meillya Hayyu Saputri

DOI:10.5220/000913030

HPMC Inhibit Mannitol Re-crystallization in Air-dried Liposome Formulations P. 228 - 232

Raditya Weka Nugraheni , Helmy Yusuf and Dwi Setyawan

DOI:10.5220/000913050

Antibacterial and Characterization of Secondary Metabolite Compound from Ethyl Acetate and Ethanol Fraction of Leaves Moringa oliefera L P. 233 - 239

Siti Rofida

DOI:10.5220/000914100

Rhythmic Gymnastics Effectively Reduce Body Mass Index in Weight Loss for Preschool P. 240 - 244

Atika Yulianti and Rahayu Kurniawati

DOI:10.5220/000914170

Relationship between Demographic Characteristics and Incidence of Violence in Children in Malang City, East Java Indonesia P. 245 - 251

Aini Alifatin , Thathit Manon , Dini Kurniawati , Tutik Sulistyowati , Erna Retna Rahadjeng and Dyah Worowirastrri Ekowati

DOI:10.5220/000914350

Students' Perceptions on the Interprofessional Education: The Differences among Medical, Nursing, and Pharmacy's Student P. 252 - 257

Edi Purwanto , Anggraini Dwi Kurnia , Indah Dwi Pratiwi and Nila Choirun Naili

DOI:10.5220/000914360

Caregiver Empowerment through Self Care Assistance in Improving ADL (Activity Daily Living) in Elderly P. 258 - 262

Alfi Ari Fakhrrur Rizal , Milkhatun , Siti Khoiroh Muflihatin and Ni Wayan Wiwin Asthiningsih

DOI:10.5220/000919080

Risk Factors for Breast Cancer Occurrence in Women Age 15-65 Years in Kendari City in 2018

P. 263 -
270

La Banudi , Nur Hamsar Sarmin , Djasmurni and Sitti Aisa

DOI:10.5220/000919120

Relationship between Social Support with Coping Mechanisms Haemodialysis Patients

P. 271 -
274

Muhammad Rosyidul 'Ibad , Tutu April Ariani and Sari Rachmania

DOI:10.5220/000920340

Influence of Puzzle Game toward the Level of Knowledge among Elementary Students at Kedungpedaringan 1

P. 275 -
279

Hardiyanto and Frastiqa Fahrany

DOI:10.5220/000931460



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Red Pigmented Natural Extract as Potential Organic UV Filter and Its Use in Combination with ZnO as Sunscreen Cream

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Keywords: SPF, red pigment; natural extract; organic UV filter; secang, zno, sunscreen.

Abstract: Sunlight consists of ultraviolet (UV) light and organic Ultraviolet (UV) filters can be found in plants and fruits which have orange-red or pink colors, such as watermelon, tomato, Secang (*Caesalpinia sappan*), carrot, dragon fruit, faloak (*Sterculia quadrifida* R.Br), strawberry, papaya, and rosella. Most of these plants contain active compounds such as carotenoids and anthocyanin. Determination of the effectiveness of the extracts as potential sunscreen was carried out by determining the Sun Protecting Factor (SPF) value *in vitro* by UV spectrophotometry. Maceration technique was used for the extraction process by using ethanol with a ratio of 4:1. Each of dried extract (100 mg) was then mixed well in the ethanol (96%, 50 mL) until all the extract was dissolved and then filtered. The SPF values were determined by the Equation of Mansur. It was observed that all of the red pigmented extracts showed UV protection capabilities, with Secang extract gave the highest SPF value of 18.490. The Secang extract would have good potential to be developed as one of the ingredients in the sunscreen cream. Sunscreen cream combination between Secang extract and ZnO showed good quality and significant SPF value than ZnO and extract Secang sunscreen cream.

1 INTRODUCTION

Indonesia is a country with a tropical climate so that it gets more sunlight intensity than other countries. Sunlight, called ultraviolet (UV) light based on its wavelength, is divided into UVA, UVB and UVC. UVA has the longest wave of 320-400 nm and causes skin cancer in the epidermal layer, UVB with a wavelength of 290-320 nm gives an effect on the epidermis and dermis layer causing the skin to burn and UVC with the shortest wavelength 180-280 nm (Manuaba, 2010). UVC and most of the UVB radiation is absorbed by the ozone layer in the earth's atmosphere, therefore UVA accounts for 95% of UV radiation to the earth's surface which affects the entire organism. UVA is a major cause of skin injury and disease in humans, also indirectly affects DNA / RNA damage (Zhong et al., 2011).

Sunscreens initially developed to prevent sunburn and have evolved to protect against other harmful effects of ultraviolet radiation (UVR). UVB (280-320

nm) typically induces erythema and direct DNA damage via pyrimidine dimer formation, whereas UVA (320-400 nm) is associated with tanning and photo aging. (R, BA and MD, 2011). Sunscreens can absorb at least 85% of the sun's rays at a wavelength of 290-320 nm for UVB but can continue to light at wavelengths of more than 320 nm for UVA (Amnuakit and Boonme, 2013).

Sunscreen products consist of several chemicals that can absorb UV radiation or commonly called UV filters or UV light retaining. UV filter is an individual compound or mixture that is useful to prevent UV light from passing through it. Based on its function, the active ingredient of sunscreen is divided into two, namely absorbing compound as an absorbent of UVB rays to filter incoming light, for example Octyl dimethyl PABA, Octylmethoxycinnamate, Octocrylene, tinosorb and reflecting compounds which mechanism inhibit the absorption of UVA rays, for example TiO₂ and ZnO (Agustin, Oktadefitri and Lucida, 2013). Semiconductor TiO₂

is used as an inorganic UV filter for sunscreens. TiO₂ is used as a filter on sunscreen because it is widely used as an agent to absorb or spread UV radiation and has many characteristics that can be described, including long-term topical use such as cream, broad spectrum absorption, high photo stability, and low irritation (Ko et al., 2012). In addition, TiO₂ has a deficiency if applied to the skin leaving white and opaque marks and inducing free radical formation under light exposure. This is an initial research of sunscreen formulations made by combining organic and inorganic solar filters because inorganic filters can block UVA radiation and most organic filters protect from UVB radiation (Reinosa et al., 2016).

Inorganic filters work by filtering or blocking UV light throughout the UVA and UVB ranges at 290-400 nm waves through absorption, scattering and reflection (Serpone, Dondi and Albini, 2007). While the organic filter in the results of Jacek and Katarzyna's research in 2014 (Arct and Pytkowska, 2014) has the property of penetrating the skin, affecting the body's hormones, having photochemical activities and reactions that occur in infected skin.

A study conducted by (Suwarni and Suprijono, 2014) about making creams from natural ingredients using extracts of ant nests with carica fruit (mountain papaya) that these two ingredients can improve the stability of the preparation with the formation of physical characteristics and good SPF values. Another study showed that ethanolic bark extract of *Prosopis cineraria* which is an excellent source of natural flavonoids and polyphenols showed decrease in skin melanin, erythema and sebum contents by the application of the formulation by in vivo method (Mohammad et al., 2018).

Organic UV filters are found in plants and fruits that are orange-red or pink, such as tomatoes, watermelons, dragon fruit, papaya, carrots, rosella, faloak, Secang and strawberries. Most of these plants contain active compounds such as carotenoids and anthocyanins. Carotenoids are known as compounds that have antioxidant activity because they have conjugated double bonds. Carotenoids such as β -carotene or lycopene are efficient antioxidants in binding of oxygen singlet molecules and peroxy radicals produced during the photo oxidation process (Prasiddha et al., 2016). The anthocyanin group is a natural pigment with a red range that is abundant in flowers, this pigment is able to fight the oxidation process in the body (Zafra-Stone et al., 2007). Natural pigments from several types of plants can disguise and even cover the white marks caused by the use of TiO₂ as an inorganic UV filter. In one study entitled Determined by In Vitro Method "Effect of The

Organic and Inorganic Filters on The Sun Protection Factor" shows a synergistic effect when TiO₂ is combined with anisotriazine or PABA octyl dimethyl. The combination of ZnO and organic filter also had the same synergistic effect (El-Boury et al., 2007). Therefore, this research was conducted to determine if ZnO has synergistic effect when combine with red pigmented extract plant in enhancing the SPF value.

2 METHODS

Materials used were Ethanol p.a. (Sigma), Ethanol 96%, Watermelon, Tomato, Secang, Carrot, Dragon Fruit, Strawberry, Papapaya, Rosella, and Faloak, ZnO, IKA Rotary Evaporator, Spectrophotometer UV-Vis (Jasco)

Ethanol extraction were obtained from maceration with ratio 1:4 in ethanol 96%. Filtrat was then evaporate using rotary evaporator and dried. Determination of the effectiveness of the potential sunscreen extract was carried out by determining the SPF value in vitro by UV-Vis spectrophotometry. The extracts of each ingredient were weighed as much as 100 mg, 50 ml of 96% ethanol was added and shaken until homogeneous then filtered. Ethanol 96% was used as blank. The absorbance were measured, with wavelengths between 290-320 nm. Then the average absorption (A_r) is set at 5 nm intervals. The results of the absorbance of each concentration are recorded and then the SPF value is calculated by the Equation of Mansur.

$$SPF = CF \sum_{290}^{320} EE(\lambda) I(\lambda) Abs(\lambda) \quad (1)$$

CF = Correction Factor (10)

EE(λ) = Erythema Effect Spectrum

I(λ) = Intensity of UV

Abs(λ) = Absorbance of Extract

Whereas EE(λ) x I(λ) value is a constant (Malsawmtluangi et al., 2013) shown in table 1.

Table 1: EE(λ) x I(λ) values in mansur equation (Dutra et al., 2004).

Wavelength (nm)	EE(λ) x I(λ)
290	0,0150
295	0,0817
300	0,2874
305	0,3278
310	0,1864
315	0,0839
320	0,0180

SPF values from different extract by three replications were analysed with ANOVA using R Studio

Table 2: Sunscreen formula with variation of secang extract and ZnO.

Formula	F1	F2	F3
Secang Extract	20%	10%	0%
ZnO	0%	10%	20%
Tween 80	1,95%	1,95%	1,95%
Cetyl Alkohol	5,55%	5,55%	5,55%
TEA	2,5%	2,5%	2,5%
Dimethicone	0,5%	0,5%	0,5%
Spermacti	6%	6%	6%
Isopropyl Myristate	4%	4%	4%
Propilenglikol	23%	23%	23%
Asam Stearat	5%	5%	5%
Aerosil	0,3%	0,3%	0,3%
Asam benzoat	0,1%	0,1%	0,1%
Parfume	0,1%	0,1%	0,1%
Aquadest	31%	31%	31%

3 RESULTS AND DISCUSSION

The results of the statistical analysis showed that extracts from the nine plants differs significantly (Sig. 0.000) between extract groups. As can be seen in Table 3, Secang showed the largest SPF results that were significantly different from all of the herbal groups, which amounted to 18,490. The effectiveness of sunscreen is usually stated with SPF (Sun Protecting Factor) which is a comparison of the UV energy needed to make a minimum of erythema effect on protected and unprotected skin.

Table 3: SPF values of different red pigmented herbal extracts.

Herbal Extracts	SPF Value
Watermelon	8.889±0.198
Tomato	5.764±1.062
Secang	18.490±1.116
Carrot	4.933±0.543
Dragon Fruit	5.220±0.713
Faloak	15.842±0.373
Strawberry	14.437±0.215
Papaya	10.221±0.569
Rosella	12.973±0.875

Table 4: Absorbance of watermelon, tomato, secang, carrot, dragon fruit, faloak, strawberry, papaya, and rosella extract.

Wavelength	EE×I	Absorbance				
		Watermelon	Tomato	Secang	Carrot	Dragon Fruit
290	0.015	0.789±0.014	0.568±0.077	1.014±0.06	0.518±0.052	0.557±0.065
295	0.0817	0.869±0.016	0.601±0.095	1.171±0.007	0.534±0.056	0.543±0.069
300	0.2874	0.893±0.017	0.598±0.104	1.290±0.007	0.519±0.056	0.527±0.070
305	0.3278	0.876±0.019	0.572±0.106	1.373±0.008	0.487±0.053	0.510±0.069
310	0.1864	0.945±0.025	0.580±0.118	3.327±0.435	0.485±0.056	0.531±0.077
315	0.0839	0.868±0.026	0.519±0.106	3.027±0.290	0.431±0.051	0.512±0.076
320	0.018	0.736±0.026	0.430±0.082	2.412±0.161	0.358±0.044	0.477±0.072

Table 5: Absorbance of watermelon, tomato, secang, carrot, dragon fruit, faloak, strawberry, papaya, and rosella extract (continued).

Wavelength	EE×I	Absorbance			
		Faloak	Strawberry	Papaya	Rosella
290	0.015	1.138±0.013	0.871±0.009	0.867±0.027	0.912±0.012
295	0.0817	1.287±0.012	0.994±0.013	0.976±0.032	1.046±0.025
300	0.2874	1.390±0.012	1.011±0.019	1.017±0.042	1.128±0.040
305	0.3278	1.451±0.015	0.944±0.022	0.997±0.051	1.173±0.054
310	0.1864	2.071±0.109	0.987±0.028	1.137±0.086	1.665±0.185
315	0.0839	2.029±0.117	0.889±0.026	0.994±0.088	1.760±0.211
320	0.018	1.719±0.092	0.780±0.028	0.829±0.086	1.745±0.205

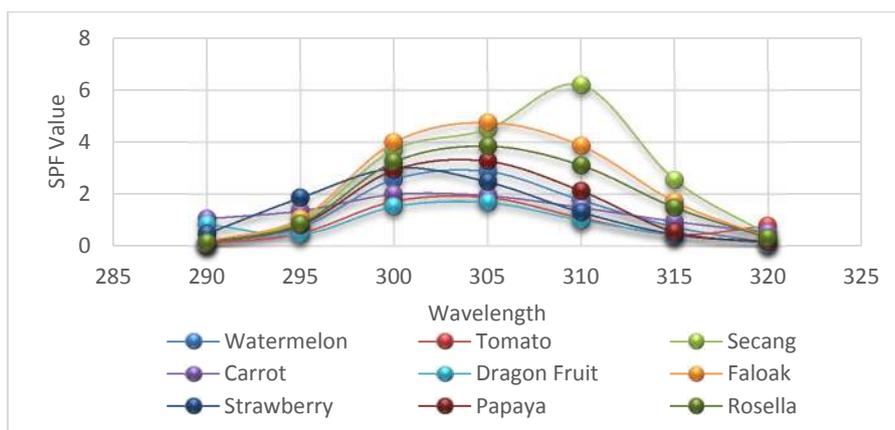


Figure 1: SPF value of various natural extract.

Table 6: Physical quality test of sunscreen cream.

Test	F1	F2	F3
Organoleptic	Semisolid, Magenta, Parfume Aroma, Soft Texture, Homogen	Semisolid, Pink, Parfume Aroma, Soft Texture, Homogen	Semisolid, White, Parfume Aroma, Soft Texture, Homogen
pH	8,01±0,02	8,31±0,01	8,66±0,03
Type of emulsion	Water in Oil	Water in Oil	Water in Oil
Stickiness Ability Test	3,88±0,37	1,58±0,49	7,5±2,2
SPF Value	19.68 ± 0.024	19.38 ± 0.95	15.83 ± 0.07

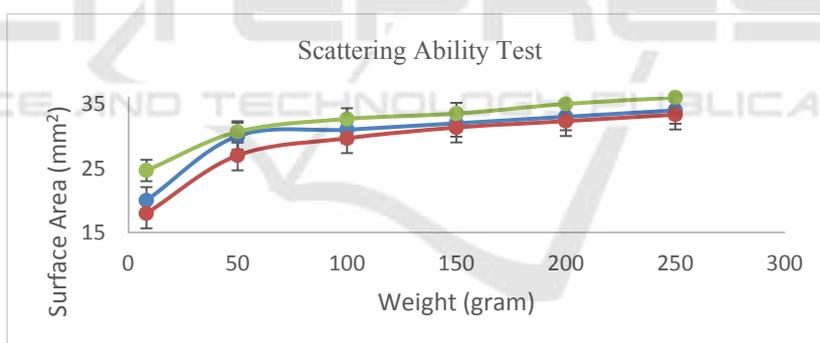


Figure 2: Scattering ability test diagram.

Some herbal extracts have SPF values that do not differ significantly from one another, which are watermelon, strawberry and papaya extract, show a range between 8,889 to 14,437 and another group that are not significant is tomato, carrot and dragon extract with a range of 4,933 to 5,764. It is known that Secang extract has the highest SPF value, this is supported by the red pigment from Secang extract which is more concentrated than the red pigment obtained from other extracts. Secang extract contains Brazilian compounds in which these compounds is the characteristic compound of Secang. Brazilian have several functions and one of them is antioxidants. As

the previous study, it is suggested that plant extracts acted by capturing ROS, thus minimizing erythema and collaborating indirectly to in vivo SPF enhancement (Cristina *et al.*, 2016).

Therefore, Secang extract could potentially formulated as sunscreen and could give synergistically effect of reducing the white effect of inorganic active substances and at the same time has antioxidant benefits for the skin in order to counteract free radicals due to induction of UV light exposure.

4 CONCLUSIONS

SPF is a standard that has been used throughout the world as a measure of the effectiveness of sunscreens. Some of these herbal extracts have SPF capabilities. The SPF value of several herbal extracts which have red pigment with Mansur equation shows the variation in the range between 4.933 to 18.490 and the herbal extract which has the highest SPF value is Secang extract. The Secang extract has the potential to be developed into a natural pigment-based sunscreen preparation formulation or to be combined with an inorganic sunscreen active ingredient ZnO.

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